



INDIAN SOCIETY OF NEPHROLOGY

SOUTHERN CHAPTER

June 2008

NEWS LETTER

YEAR 2 VOLUME 3

CHAIRMAN

Dr. Pradeep Deshpande

VICE CHAIRPERSON

Dr. M. Jayakumar

SECRETARY

Dr. K. Sampathkumar

TREASURER

Dr. J. Balasubramaniam

MEMBERS

Dr. Gokulnath Dr. Abi Abraham Dr. Manisha Sahay Dr. N. Gopalakrishnan

Dear Member,

Greetings
from Madurai.

As the third edition of the Newsletter is reaching you I am encouraged by the response it has evoked. I once again invite each one of you to participate by contributing articles, viewpoints and anecdotes to make it more lively.

Dr. Gurudev and his team have earned all round praise for the manner in which Mysore conference was conducted. The ambience of the venue, scientific content, time keeping, food, cultural events, the bonhomie and hospitality were of such high standards that the meet made a lasting impression on the members.

Dr. Balasubramaniam has his task cut out as he prepares to host next year's conference at Kanyakumari. A plan for preconference workshop on interventional nephrology with assistance from International Society of Nephrology is on the anvil. I am happy that I was able to persuade Dr. Murugesan who is one of our senior members to host the conference in 2010 at Pondicherry for the first time.

This edition also carries the story of a good Samaritan who has created awareness about kidney diseases among the school children.

As the newsletter was going to press we received the news of sad demise of Dr. Talwalkar who is one of the founding members of ISNSC. Dr. Sundar has penned a fitting obituary for the gentle giant which appears on the last page.

Thank you.

Yours sincerely,

(Dr. K. Sampathkumar)



New Members Enrolled

Life members

- | | | |
|----------------------------|---|-------------|
| 1. Dr. G. Sureshkumar | - | Hyderabad |
| 2. Dr. B. Sri Ramulu | - | Hyderabad |
| 3. Dr. Chada Ramesh | - | Hyderabad |
| 4. Dr. S. Ilango | - | Chennai |
| 5. Dr. Ram Prabakar | - | Chennai |
| 6. Dr. Manjunath Shetty | - | Mysore |
| 7. Dr. P. Srinivasan | - | Mysore |
| 8. Dr. S. Sanjay | - | Bangalore |
| 9. Dr. Harishankar | - | Tirunelveli |
| 10. Dr. J. Zulfikar | - | Madurai |
| 11. Dr. Gopal Rabindranath | - | Pondicherry |
| 12. Dr. Abirami | - | Salem |

Associate Members

- | | | |
|-------------------|---|--------|
| 1. Dr. A. Raheena | - | Cochin |
| 2. Dr. M. Selvam | - | Cochin |

Dr Nanda Kishore Talwalkar affectionately called NCT passed away last week leaving a huge void in the Nephrology community of Karnataka.

Dr Talwalkar after completing his MD and Nephrology training at the prestigious KEM hospital in Mumbai came to Bangalore in 1979 and single handedly started the dialysis and renal services of the erstwhile Bangalore Kidney Foundation. He can truly be considered the parent of Karnataka Nephrology. Over the last 3 decades Dr Talwalkar earned a reputation of not only being an excellent Nephrologist but also as a humane and kind doctor. For us colleagues he was truly a leader and father figure. He declined many awards and posts in societies and was a humble soul who strived hard to help his patients. Personally in his passing away I have lost a true friend and guide as he inspired me to take up Nephrology in early 80's and made me go to Vellore for my training.

Two weeks prior to his passing away Dr Talwalkar had

A Lady with a Resolve and Commitment to prevention of Kidney Disease



In December 2000, Mrs. Rajalakshmi Ravi, 40 years, helped her daughter aged 14 years, fight end stage Kidney disease by undergoing transplant S.R.M.C. Porur, Chennai. Her daughter is doing well.

Determined to become a doctor, she finished her M.B.B.S. and now doing her house-surgeoncy at Sri Ramachandra Hospital. Though educated, both Rajalakshmi and her husband Ravi did not know anything about kidney disease when the declaration was made. Subsequent to her inner cry "Had I known earlier" she decided to create an awareness about this

disease among the public. Educating herself from Dr. Georgi Abraham and Dr. Suresh sankarasubbiyan, Nephrologist, Sundaram medical foundation chennai, she has prepared a Comprehensive power point presentation on kidney



disease- its causes, symptoms, management and prevention *both in English and Tamil. She talks to high school children, college students and working men and women and also to the general public at Large. She has prepared posters and hand-bills containing information on this matter. She sticks posters in places where the programs are given and distribute the hand-bills to the audience including the students. She requests them to pass on the hand-bills to their parents, relatives and other elders. At the end of the program she holds an interaction session with the audience and clears their doubts.

She feels that she should reach out to the under privileged individuals including students and their parents who do not have correct information about kidney disease and the available medical care. She acquired permission from Educational officer, Corporation of Chennai and conducted this program in high and higher secondary schools in corporation Zones I, II and III. Starting from .11 march 2005, when she did her first awareness program in Illalur village, 60km in south of chennai for the students of Government school, Mrs Rajalakshmi Ravi has done ..

1)	Total number of Programs	-	80
	Corporation and Govt schools	-	31
	Private schools and colleges	-	28
	Program for Adults	-	21
2)	Total Coverage of people	-	17600
	Students	-	14800
	Adults	-	2800.

At the end of each program Rajalakshmi comes home with pride and contentment of having enabled at least a handful to understand about kidney disease and prevent the onset and/or delay the progression.

Rajalakshmi Ravi has gratitude towards TANKER FOUNDATION for giving her the platform in enabling her to pursue her goal.

Congratulations

Niyamathullah Essay Award
winners - 2008

Gold Medal	- Dr. Sajjan Ahmad, Tiruvandrum MC
Second Prize	- Dr. Ashok, Tanjore MC.
Third Prize	- Dr. D. Rajasekhar, Stanley MC

With best compliments from



MEENAKSHI MISSION HOSPITAL AND RESEARCH CENTRE
Melur Road, Madurai - 625 107 Phone : 2586741 (10 Lines) 4263000 Fax : 2586353